

10 WAYS TO

Make Your Pedicure Last



1 Upgrade Your Polish

If your feet are parked firmly in the gel camp, consider trying new gel-like lacquers, like Sally Hansen's Miracle Gel, which can provide "long wear without UV curing or a lengthy removal process," says N.Y.C. pro Julie Kandalec. If you prefer traditional polish, get your hands on this new dual-ended stick; it has a tinted topcoat that intensifies your shade with every reapplication.

L'Oréal Paris Infallible Pro-Last Nailcolor in Infinite Sky, \$10; drugstore.com.

2 Get Elevated

Flip those floppy sandals in favor of open-toe platform heels. "When you walk in flats, feet are not getting the right support, and they're in closer contact with the ground, which allows dirt and cracks to appear on heels," says podiatrist Johanna Youner. Hydrate daily to ward off chalky calluses, then shop for the perfect neutral wedges that go with *everything*.

3 Skip a Soak

We get the allure of a warm scented footbath—but we also know that steeping toes in a bowl of water all but guarantees your polish will chip in a few days. "The water expands the nail plate," says manicurist Elle Gerstein. "When the polish finally dries, the nail contracts, causing the color to chip." Take a dip in the water, and then dry immediately. Use a spoolie brush and cleanser to clear surfaces so polish adheres better.

Sonia Kashuk spoolie brush, \$2; target.com.



LUPITA NYONG'O in Christian Louboutin shoes

